The use of e-cigarettes has increased among high school students by 900 percent, found that nonsmokers who started using e-cigarettes were nearly four times more likely to start smoking traditional cigarettes, and it has been shown that e-cigarettes may lead to smoking traditional cigarettes among young people. For example, he found that nonsmokers who started using e-cigarettes were nearly four times more likely to start smoking traditional cigarettes within one year. Researchers plan further study into the long-term health effects of e-cigarettes.