MetroHealth, the "Take Charge of Your Health Today" page, encourages health and safety. Jennifer Jones, MPH, community engagement coordinator with MetroHealth and Catherine Palmer, PhD, professor of communication sciences and disorders at the University of Pittsburgh. The center runs programs and audiology services. Amy Hart, the center's director. The center runs programs of high-quality diagnosis and hearing loss. "People must protect their hearing," says Dr. Palmer. "Hearing loss is linked to depression, feeling isolated, not being able to hear affects balance and the ability to sense where you are in space. It affects the ability to communicate, which is essential to successful living."