Reproductive health: The importance of a woman's choice to control

This month, the “Take Charge of Your Health Today” page focuses on reproductive justice. Vania Masuco, health advocate, Urban League of Greater Pittsburgh, and Esther L. Bush, president and CEO of the urban League of Greater Pittsburgh, shared their thoughts on reproductive health care.

Bush. Ms. Bush. I’m excited about this month’s topic on reproductive justice. I feel that it is the type of topic where people can really get engaged. In this pages, we are going to see education making decisions about family planning, we need to educate ourselves on meaningful health care and being able to parent your child. Reproductive justice is about the autonomy and the resources to make health care decisions and how to best support women’s reproductive rights. Reproductive rights involve a whole spectrum of reproductive health care and decision-making. I think it is important to understand that the decision to have children is not as straightforward as answering the yes-or-no questions. ‘Do I want to have a child?” Sometimes these decisions are influenced by things like the right time. As health care providers, we want to support women in making the decision that is going to that – “Does my partner want a child?”. We will have access to health care and the autonomy and the resources to make decisions about sterilization. The health care and being able to parent your child. Reproductive justice is about the autonomy and the resources to make health care decisions and how to best support women’s reproductive rights.

1. Do you think you would like to have children?
2. Why do you think about when that might be? How important is it to you to avoid pregnancy until the time you think you want to have children?
3. How important is it to you to avoid pregnancy until the time you think you want to have children?

Dr. Borrero, MD

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As we get older, we may look in the mirror and see that our hair is thin or sparse. We may notice that we are getting wrinkles or that our skin isn’t as smooth as it once was. Age DNA and cause people to age faster. The role of reproductive health care is one of the most important factors in determining whether we live longer or shorter lives.

In the end, it is important to recognize that reproductive health care is a fundamental human right. We need to ensure that all women have access to comprehensive reproductive health care, including contraception and sterilization services, to make informed decisions about their bodies and futures. This includes access to high-quality care and education about reproductive health issues, as well as the right to make decisions about their own bodies without interference from others.

EB: Exactly. I think individuals lose freedom in the reproductive justice. As a community, we need to promote and protect this right for all individuals.

Vania Masuco, MD, PhD, RN, is at Planned Parenthood. He is a national health equity advocate, and Rose E. Constantino, PhD, is at the University of Rochester School of Nursing. (Photo by Rose E. Constantino, PhD, RN, is at Planned Parenthood. He is a national health equity advocate, and Rose E. Constantino, PhD, is at the University of Rochester School of Nursing.)

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